## The Primacy of Spiritual Nutrition John 6:48 I am the bread of life

To Become Spiritually Alive and to Remain Spiritually Healthy You Must Trust and Obey Jesus.

I. Because We Are Spiritual As Well As Physical Beings, We need\_\_\_\_\_(49-51)

- 1. Jesus acknowledged that we do have...
  - a. vss. 1-13b. Vss 32 & 49
- 2. However, Jesus stresses our more important need for... Vs 49 -Vs 35 -Mat 6:32 -

II. Jesus Christ is Our Only Source of Spiritual\_\_\_\_\_ (48-51)

Vs. 48 I am the bread of life

1. We cannot eat anything and everything...

Gen 1:29 & 9:3-4

- 2. We cannot be alive or survive spiritually either unless.... Vs. 48 Vs 51
- III. You Must Partake of Jesus to Be \_\_\_\_\_ (51- 56)

56 Whoever feeds on my flesh and drinks my blood abides in me, and I in him.

1. You cannot survive on the eating....

2. Neither can you come alive or grow spiritually on.....

Vs 51 - If anyone Vs 56 - Whoever feeds

- 3. We Must trust in Jesus in two ways...
  - (1). Trust in the life and death of Jesus fo.r...

Vs 51

(2) Obey Him continually now that...

Vs 56 John 15:4-5