

## How To Face Anything

*James 5:13 13 Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise.*

**We Have a God For All Seasons and A Response To All Seasons.**

### **I. In Times of Pressure - Pray.**

#### **a. The Condition: *Is anyone among you suffering?***

What does “Suffering” mean?

*Psalms 34:19*

- 1) There are Natural troubles - *Romans 8:22*
- 2) There are physical troubles - *Genesis 2:17 Hebrews 9:27*
- 3) There are Mental troubles
- 4) There are Spiritual Problems - *Ephesians 6:12 1 Peter 5:8*
- 5) There are Special Troubles - *2 Tim 1:8 2 Tim 2:3 2 Tim 2:8-9 2 Tim 4:5*

#### **b. The Counsel “He should Pray”**

*Psalm 18:4-5.....the turning pint ...Psalm 18:6, 16-17*

*1 Peter 3:12*

*Isaiah 40:31*

### **II. In Times of Pleasure – Praise**

#### **a. The Condition: *Is anyone cheerful?***

*Acts 24:10*

*Acts 27:22-36*

#### **b. The counsel – *Let him sing praise.***

*1 Chron 16:8-10*

*Ps. 95:1-2*

*Luke 24:51-53*

*Col 3:16*

#### **c. There is Biblical reason for obeying James’s simple command**

**It identifies the Christian**

**Rom 1:21**

**Lam 3:21**

**It counteracts Pride - Deut 6:10-13**

**It bring glory to God**

**Ps 50:23**

**Ps 96:8**

**Ps 34:3**